

ALL DAY

Nutritional and energy values
of All Day products

Dishes	Allergens	Output, kg	Fats	Protein	Carbs	Calories	kJ	Fats	Protein	Carbs	Calories	kJ	Price
			g	g	g	kcal	g.	g.	g.	kcal.			
		Per 100 g							Per portion				
Special													
Befstroganov, chanterelles	Грибы, лук	0,370	12,58	6,852	23,967	236,08	987	47	25	89	874	3653	1250
Fettuccine, chanterelles	Грибы, лактоза, лук	0,283	13,82	8,689	42,906	330,73	1382	39	25	121	933	3900	950
Potatoes, chanterelles, poached egg	Грибы, лактоза, лук, яйцо	0,367	6,20	3,660	8,316	103,69	433	23	13	30	378	1580	750
Breakfast													
ALL DAY breakfast	Lupine, lactose, fish	0,4160	12,0	7,5	13	190	810	52	30	54	800	3360	1150
ALL DAY breakfast 2.0 new	Cilantro	0,4452	8,0	8	10	140	600	36	35	44	640	2690	1150
Avocado toast, cream cheese	Gluten, lactose	0,31	19	7	17	270	1110	59	20	54	820	3450	790
Brioche, salmon, guacamole	Lactose, gluten, egg, fish	0,2560	20	8	11	250	1060	51	19	28	650	2710	1050
Bruschetta tartine, shrimp, guacamole	Gluten, lactose, seafood	0,295	7	7	18	173	723	23	21	53	509	2127	990
Buckwheat, poached egg, chanterelles	Egg, mushrooms	0,3400	12	10	19,0	220	940	41	32	66,0	760	3190	830
Cottage cheese pancakes, cherry jam	Lactose	0,2300	11	9	21	220	910	25	19	49	500	2090	650
Egg White Omelet, cheddar, spinach	Lactose, eggs, lupine	0,2077	12	10	2	159	660	25	21	5	330	1380	630
Fried egg	Eggs	0,1910	15	12	0,5	180	760	28	23	1,5	350	1460	460
Green salad, feta	Lactose, mustard, honey	0,386	15	6	8	190	800	57	24	31	740	3090	1090
Millet porridge with water	-	0,3730	1,0	2,5	19	95	400	5	10	69	350	1480	400
Millet porridge with milk	Lactose	0,3530	6	4	0	180	770	13	10	69	430	1790	450
Oatmeal porridge with water	-	0,4430	2	0,2	17	85	350	8	1	75	370	1570	400
Oatmeal porridge with milk	Lactose	0,4550	5	0	26	150	630	14	1,0	75	40	1800	450
Rice porridge with water	-	0,34	0	2	21	90	370	0	5	72	10	1280	400
Rice porridge with milk	Lactose, lupin	0,29	5	2	27	150	640	13	5	79	450	1880	400
Omelet, bacon, cheddar cheese	Lactose, mushrooms, egg	0,2120	19	12	2	230	960	41	25	5	490	2040	630
Potato dranik, salmon, guacamole	Fish, egg	0,2820	12	8	7,5	170	710	34	21	22	480	1990	1030
Pancakes 3 pcs	Eggs, lactose	0,08	44	16	52	660	2780	35	12	42	530	2230	320
Pancakes, chicken, cream sauce	Eggs, lactose	0,2700	21	7	11	260	1080	55	19	30	700	2910	650
Scramble, brioche, truffle oil	Mushrooms, lactose, egg, gluten	0,2870	16	10	9	220	910	46	27	25	620	2610	560
Scramble, guacamole, shrimp	Mushrooms, gluten, crustaceans, lactose, egg	0,3340	14	10	9	200	850	47	34	29	680	2830	990
Tuna and cheddar sandwich	Fish, egg	0,2450	18	13	17	280	1160	43	31	40	680	2840	630

Dishes	Allergens	Output, kg	Fats	Protein	Carbs	Calories	kJ	Fats	Protein	Carbs	Calories	kJ	Price
			g	g	g	kcal		g.	g.	g.	kcal.		
			Per 100 g					Per portion					
Pita													
Pita crab	Seafood, honey, gluten	0,3050	12	8	20	220	920	38	23	60	670	2800	770
Pita salmon	Fish, lactose, honey, gluten	0,2300	10	7	22	200	830	22	15	49	460	1910	850
Pita turkey pastrami	Honey, lactose, fish	0,2800	9	7	20	180	770	24	20	55	520	2160	650
Pita mortadella	Honey, gluten	0,3200	16	7	17	240	1000	52	20	54	770	3200	700
Pita mozzarella, tomato	Honey, gluten, lactose	0,2600	8	7	20	182	1087	21	19	53	473	1977	650
Sandwiches													
Focaccia mortadella	Nuts, lactose, gluten	0,288	0,288	19	9	22	1270	67	31	76	1035	4326	980
Focaccia crispy chicken	Gluten, lactose, honey	0,38	7	8	26	208	869	28	31	101	790	3302	860
Beef pastrami	Mustard, eggs	0,2750	12	14	16	230	950	33	37	43	620	2610	1150
Bruschetta tartine, shrimp, guacamole	Seafood	0,295	9	7	18	180	740	25	21	54	520	2190	990
Roll tuna	Eggs, fish	0,1825	19	11	8	240	1020	34	21	13	450	1860	550
Roll chicken	Egg	0,2225	14	8	7	180	750	30	17	14	400	1670	540
Salads and snacks													
All Day Starter	Gluten, fish, lactose, nuts	0,4300	27	16,0	5	320	1360	116	71	19	1390	5830	2800
Burrata, tomatoes, pesto sauce	Lactose, nuts	0,2660	15	11,0	4,5	200	820	41	28	12	520	2180	1100
Caesar with crispy chicken	Lactose, egg, gluten	0,3400	18	8,0	6	220	920	62	27	21	750	3130	1050
Caesar with shrimp	Seafood, egg, lactose, gluten	0,3450	22	11	2,5	250	1060	76	39	9	880	3670	1150
Greek salad	Lactose	0,442	12,0	3,5	7,5	160,0	650,0	55,0	14,0	34	690,0	2880	1350
Green salad	Lupin	0,3280	14	4,5	9	180	740	45	14,0	30	580	2430	990
Grilled chicken salad, couscous, tomatoes	Cilantro, gluten	0,3600	18	4,5	5	200	840	65	16	18	720	3020	990
Hummus, vegetables	Celery, sesame	0,3500	6	7	23	170	720	22	22	80	600	2520	680
Nicoise salad	Fish, celery	0,3500	7,0	8	8,0	130	520	25	26	28	440	1830	1290
Salmon salad, quinoa, avocado	Fish	0,2860	13	6,0	15	200	830	37	17	42	570	2380	1340
Smashed cucumbers	Peanut	0,1250	3	1,0	7,0	60	240	4	2	9	75	300	400
Tomato salad, cucumber, ramiro, sour cream mousse / pesto sauce / olive oil	Lactose, nuts	0,2060	3	2	4	50	200	6	3	9	100	410	740
Warm beef pastrami salad	Lactose, mustard, honey, eggs	0,34	7,136	7,45	5,042	114,176	477	24	25	17	388	1621	1100
Soups													
Okroshka with kvass \ matsoni tongue	Egg, lactose	0,154	7,842	9,829	3,254	122,918	509	12	15	5	189	790	960
Borscht, beef	Lactose	0,4819	5,0	4	5	80	330	24	20	21	380	1590	850
Gazpacho, strawberries	Celery	0,356	3,95	0,819	4,090	55,40	242	14	2	14	197	870	960
Chicken broth, meatballs	Cilantro, egg	0,512	6,0	7,0	4,0	100,0	410	31,0	36,0	20,0	510,0	2110	650
Mushroom soup	Lactose, truffle, mushrooms	0,4410	6	1	10	85	360	24	5	43	380	1579	960
Tom Yam	Seafood, cilantro	0,4880	4	5,5	12,0	110	440	20	28	57	520	2170	1100

Dishes	Allergens	Output, kg	Fats	Protein	Carbs	Calories	kJ	Fats	Protein	Carbs	Calories	kJ	Price
			g	g	g	kcal		g.	g.	g.	kcal.		
		Per 100 g							Per portion				
Pasta													
Arrabbiata, shrimp basil	Seafood, gluten	0,435	5	6,5	27	180	730	19	28	120	760	3190	1070
Spaghetti carbonara, parmesan	Lactose, egg, gluten, truffle	0,3300	21	13	24	340	1410	70	42	79	1110	4640	960
Rigatoni, veal cheeks, parmesan	Gluten, lactose	0,398	7,0	9	29	220	900	28	36	116	860	3600	980
Main													
Beef patty	Lactose, egg	0,43	6	7	3	98	409	26	33	14	423	1768	1250
Burger with marbled beef patty	Gluten,	0,4300	13	9	10,0	190	810	55	37	44	830	3490	1100
Cheese sausages, potatoes, pickled cucumbers	Lactose	0,3148	16	4	8	190	800	51	13	23	600	2520	740
Chicken breast, zucchini	Lactose, cilantro	0,3770	6	11	2,5	110	440	22	40	10	400	1670	970
Chicken schnitzel, mashed potatoes, spinach	Truffle, lactose	0,37	10	10	25	230	950	36	35	94	840	3520	1050
Dorado, ramiro pepper, romesco sauce	Fish, sesame	0,391	6	12	2	110	460	24	47	8	430	1820	1240
Fried rice, seafood	Seafood, sesame, egg, soy	0,3910	9	8	31	240	990	36	30	120	920	3860	920
Fried rice, chicken	Sesame, egg, soy, cilantro	0,3740	11	7	29	240	1000	41	25	109	900	3750	820
Homemade dumplings	Gluten, lactose	0,278	11,66	9,248	20,45	218,771	914	32	26	57	608	2541	890
Kiev cutlet, mashed potatoes	Gluten, lactose	0,351	8	12	28	230	980	29	42	97	820	3430	980
Pike patty, tartar sauce	Lactose, fish	0,4033	10,0	5,5	11	160	660	42	21	43	630	2640	860
Salmon with broccoli, romesco sauce	Fish, sesame	0,2710	18	7	3	200	830	48	18	8	540	2250	1500
Salmon poke, avocado, chuka wakame	Fish, sesame	0,3610	16	5	30	280	1170	57	18	107	1010	4240	1110
Turkey cutlets, mashed potatoes, spinach	Truffle, lactose	0,4248	12,0	8,50	30	260	1100	51	36	127	1110	4660	980
Veal cheeks, young cabbage, parmesan mousse	Lactose, celery	0,4030	8	5	3	100	420	31	20	12	400	1690	950
Chicken sausages, pickles, mashed potatoes	Lactose, lupin	0,288	15,22	6,522	23,552	257,28	1074	44	18	67	740	3093	840
Side 100 g													
Broccoli	-	-	8,5	3	5	110	450	-	-	-	-	-	350
Buckwheat	-	-	12	7	19	210	890	-	-	-	-	-	230
Mashed potatoes	Lactose	-	10	8	58	356	1488	-	-	-	-	-	350
Quinoa	-	-	5	10	32	210	890	-	-	-	-	-	350
Zucchini	-	-	0,3	0,5	5	25	100	-	-	-	-	-	250
Sushi													
Eel	Sesame, honey, fish	0.0560	1,0	7,5	28	160	650	0,5	4,0	16	85	360	300
Salmon	Fish	0,0320	9,0	10	35	260	1090	3,0	3	11	85	350	310
Scallop	Seafood	0,0300	0,5	9,0	39	200	820	0,2	3	12	60	250	360
Shrimp	Seafood	0,0530	1	9	24	140	590	0,5	5,0	12	75	310	310
Sashimi													
Eel	Seafood, fish	0,0680	4	13	17,0	160	650	3	9,0	11	110	440	920
Scallop	Seafood, fish	0,0610	0,4	10	7	75	320	0,3	6,5	4	45	190	970
Salmon	Seafood, fish	0,0740	14,0	11	3,5	180	770	9	7	2	110	470	740

Dishes	Allergens	Output, kg	Fats	Protein	Carbs	Calories	kJ	Fats	Protein	Carbs	Calories	kJ	Price
			g	g	g	kcal		g.	g.	g.	kcal.		
		Per 100 g							Per portion				
Rolls													
All Day roll	Sesame, fish, seafood, gluten	0,2655	5	7,5	33	200	850	12	20	87	540	2270	1350
Baked salmon, shrimp	Seafood, fish	0,2650	6,5	8	26	200	820	18	21	68	520	2170	1120
California, crab	Seafood, fish	0,2050	9	6	34	240	1010	18	12	70	490	2070	1250
Canada, eel	Sesame, fish	0,2270	5	8	32	210	860	12	18	73	470	1960	1150
Eel, cucumber, avocado, cream cheese	Lactose, fish, sesame seeds, soy	0,257	6	7	29	212	886	16	19	77	547	2286	1100
Hand roll Avocado	-	0,096	7,53	4,636	41,344	252,002	1053	7	4	39	241	1007	410
Hand roll Eel	Sesame, fish	0,9700	9	10	45	300	1240	9	9,5	44	290	1210	600
Hand roll Salmon	Sesame, fish	0,0960	13	9	40	310	1310	13	8	39	300	1260	560
Hand roll Tuna	Sesame, fish	0,0960	9	12	40	290	1210	9	11	38	280	1160	760
Philadelphia, salmon	Fish, lactose	0,2210	9	7	28	220	940	20	16	62	490	2070	1100
Salmon, avocado	Fish	0,2120	10,0	6	32	240	1010	21	12	67	510	2140	790
Scallop, cream cheese	Lactose, sesame, seafood	0,2380	10	6	28	230	950	24	14	66	540	2270	1100
Spicy tuna, cream cheese	Lactose, fish, sesame	0,2240	9,5	8,5	30	240	1000	21	19	67	540	2240	970
Tempura shrimp, cream cheese	Seafood, lactose	0,2390	5,0	7	33	200	840	12	16	78	480	2010	740
Desserts													
Almond croissant	Gluten, lactose	0,1600	25	6,5	40	410	1710	40	10,0	63	650	2730	490
Banana cake, caramel	Lactose, gluten, nuts	0,2000	17	5	45	350	1450	34	9	89	690	2900	510
Candy with coffee liqueur	Gluten, lactose	0,0220	26	7	26	370	1570	5,5	1,5	6	80	340	180
Strawberry cake	Gluten, lactose	0,203	10,10	3,162	44,957	284,93	1258	20	6	91	578	2553	650
Carrot cake with coconut cream without sugar and lactose	Gluten, nuts, honey	0,2525	16	3,5	17	230	950	40	9	44	570	2390	770
Classic croissant NEW	Gluten, lactose	0,0750	20	6	35	340	1430	15,0	4	26	260	1070	350
Halva Cheesecake	Lactose, gluten, peanuts, nuts	0,22	23,900	5,85	20,470	321,230	1343	52	13	44	694	2900	620
Honey cake	Lactose, gluten, honey	0,1475	7	5	28	190	790	10	7,0	41	280	1160	420
Milk chocolate candy	Lactose	0,0220	34	7,5	24	430	1800	8	1,5	6	95	400	180
Pancake cake	Lactose, gluten, nuts	0,1600	24	5	16	300	1260	39	8	26	480	2020	520
Pecan pie	Lactose, gluten, nuts	0,1246	15	4	58	390	1620	18	5	73	480	2020	550
Pancake cake, cherry	Gluten, lactose	0,166	17,07	4,50	16,000	230,000	980	28	8	26	390	1630	560
San Sebastian cheesecake	Gluten, lactose	0,2200	20	5,0	18	280	1150	44	11	40	610	2530	620
White chocolate candy	Lactose, nuts	0,0220	40	7,0	24	490	2040	9,0	1,5	5	110	450	180
Shu cherry	Gluten, lactose	0,135	15,03	4,667	16,928	221,64	976	20	6	225	299	1320	560